

MEET RESULT

Category : **Sub Junior Boys**
 Event : 276 : 100 M
 State Record : 00:11:40 , (Vishnu N G) , 2004
 National Record : 11:04 , (VINOD THAKUR) , 1996
 Venue : University stadium
 Date : 2010-12-18 11:45:00

Position	Chest No:	Name	District	School	Performance
I	1571	RAKHIL	Palakkad	21093-K. H. S. Kumaramputhur	12.16
II	1190	RIJIN JOSE	Ernakulam	27023-St. George`s H S S Kothamangalam	12.23
III	1372	JOMEL RAJU	Thrissur	23007-CARMEL H S S CHALAKUDY	12.33
IV	1925	JAMES TINU JOY	Kozhikode	47018-ST. GEORGE'S HSS KULATHUVAYAL	12.36
V	118	ANOOP SUNDAR	Thiruvananthapuram	43109-SAM MRS Vellayani	12.46
VI	826	MANU JOSE	Kottayam	33004-St.Aloysiou's HSS Athirampuzha	12.51
VII	1186	MAHESH M	Ernakulam	27021-Mar Basil H S S Kothamangalam	12.57
VIII	1009	AMAL BALAN	Idukki	30043-STHSS Erattayar	12.75

Category : **Sub Junior Boys**
 Event : 277 : 200 M
 State Record : 00:23:70 , (Thalib T) , 1993
 National Record : 23:23 , (RAHMATHULLA MULLA) , 2001
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1571	RAKHIL	Palakkad	21093-K. H. S. Kumaramputhur	24.64
II	1372	JOMEL RAJU	Thrissur	23007-CARMEL H S S CHALAKUDY	24.89
III	1188	SAMUEL R.	Ernakulam	27023-St. George`s H S S Kothamangalam	24.90
IV	118	ANOOP SUNDAR	Thiruvananthapuram	43109-SAM MRS Vellayani	25.45
V	1925	JAMES TINU JOY	Kozhikode	47018-ST. GEORGE'S HSS KULATHUVAYAL	25.49
VI	1186	MAHESH M	Ernakulam	27021-Mar Basil H S S Kothamangalam	25.61
VII	1575	JINUMON.R	Palakkad	21032-G. H. S. S. Muthalamada	25.70
VIII	1185	DARVIN FIRST G S	Ernakulam	27021-Mar Basil H S S Kothamangalam	25.89

Category : **Sub Junior Boys**

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Event : 278 : 400 M
State Record : 00:52:08 , (Sunder Raj) , 2006
National Record : 50:08 , (GOVERDHAN) , 2003
Venue : University stadium
Date : 2010-12-18 09:35:00

Position	Chest No:	Name	District	School	Performance
I	1187	ANILASH BALAN	Ernakulam	27023-St. George`s H S S Kothamangalam	53.8
II	1188	SAMUEL R.	Ernakulam	27023-St. George`s H S S Kothamangalam	54.98
III	1373	SEBY WILSON	Thrissur	23007-CARMEL H S S CHALAKUDY	55.13
IV	111	VISHNU KP	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	56.37
V	838	AKHIL SABU	Kottayam	45054-St.Annes HSS Kurianad	56.57
VI	1906	MUHAMMADBADUSHA.K	Kozhikode	16046-GVHSS BOYS KOYILANDY	57.13
VII	2449	SUBASH	Kasaragod	11027-G. H. S. Bandadka	57.77
VIII	1919	CHESAM SELIMUDHEEN	Kozhikode	17554-Nallalam A. U P S.	59.20

Category : **Sub Junior Boys**
Event : 279 : 600 M
State Record : 01:26:86 , (Lijo Mani) , 2007
National Record : 01:23:54 , (P.SUNNY SHARMA) , 1998
Venue : University stadium
Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1187	ANILASH BALAN	Ernakulam	27023-St. George`s H S S Kothamangalam	1:28.14
II	1188	SAMUEL R.	Ernakulam	27023-St. George`s H S S Kothamangalam	1:31.95
III	1373	SEBY WILSON	Thrissur	23007-CARMEL H S S CHALAKUDY	1:33.4
IV	1906	MUHAMMADBADUSHA.K	Kozhikode	16046-GVHSS BOYS KOYILANDY	1:34.36
V	1567	ABITH P L	Palakkad	21077-H. S. Mundur	1:35.70
VI	1011	SIVA PERUMAL .P	Idukki	30072-M. R. S. Munnar	1:36.32
VII	1375	FREDDY M S	Thrissur	23003-B V M H S KALLETUMKARA	1:36.93
VIII	2087	VISHNU.P.V	Wayanad	15056-G H S S Moolankave	1:37.20

Category : **Sub Junior Boys**
Event : 280 : 80 MH

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State Record : 00:11:00 , (Thalib T) , 1993
National Record : 10:73 , (P.SHANKAR) , 1996
Venue : University stadium
Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1187	ANILASH BALAN	Ernakulam	27023-St. George`s H S S Kothamangalam	11.61
II	1183	SAMUEL DURAI	Ernakulam	27021-Mar Basil H S S Kothamangalam	11.63
III	1737	MOHAMMED SALMAN. O	Malappuram	19115-Ideal E. H. S. S. Kadakassery	12.44
IV	1570	ALBIN SABU	Palakkad	21093-K. H. S. Kumaramputhur	12.63
V	1184	JESBIN JOSE	Ernakulam	27021-Mar Basil H S S Kothamangalam	12.71
VI	2269	SAREESH MAROLI	Kannur	14012-Govt. H S S Palayad	12.84
VII	1371	AMAL JOY	Thrissur	22060-Holly Angel`s H. S. S. Ollur	13.15

Category : **Sub Junior Boys**
Event : 281 : LONG JUMP
State Record : 6.47 , (Johna A J) ,
National Record : 6.6 , (SABHA BHAGAT) , 2006
Venue : University stadium
Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1186	MAHESH M	Ernakulam	27021-Mar Basil H S S Kothamangalam	5 . 96
II	1190	RIJIN JOSE	Ernakulam	27023-St. George`s H S S Kothamangalam	5 . 83
III	1009	AMAL BALAN	Idukki	30043-STHSS Erattayar	5 . 73
IV	1571	RAKHIL	Palakkad	21093-K. H. S. Kumaramputhur	5 . 69
V	839	TINS T.	Kottayam	45054-St.Annes HSS Kurianad	5 . 55
VI	102	ALTHAF.H.S	Thiruvananthapuram	42080-KTCT EM HSS Kaduvayil	5 . 34
VII	2264	MURUKESH M S	Kannur	13109-GOVT.MODEL RESIDENTIAL SCHOOL KANNUR	5 . 19
VIII	1921	SHAMNAD.CK	Kozhikode	47068-Chennamangallur HSS	5 . 13

Category : **Sub Junior Boys**
Event : 282 : HIGH JUMP
State Record : 1.76 , (Binish K Shaji) , 2006
National Record : 1.88 , (SIKANDER) , 2008

MEET RESULT

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1190	RIJIN JOSE	Ernakulam	27023-St. George`s H S S Kothamangalam	1 . 77 NMR[SR]
II	1573	SHAMNAS K.	Palakkad	21093-K. H. S. Kumaramputhur	1 . 62
III	828	SACHIN SHAJU	Kottayam	31085-St.Thomas H S S Pala	1 . 59
III	1189	PAZHANISWAMY M.	Ernakulam	27023-St. George`s H S S Kothamangalam	1 . 59
V	115	NANDU KUTTAN P	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	1 . 59
VI	835	THOMASKUTTY ULAHANNAN	Kottayam	33054-ST.PETERS HSS KURUMPANADAM	1 . 56
VII	112	VISHNU VK	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	1 . 52
VII	1382	SREERAM	Thrissur	24072-Sree Krishna H. S. S Guruvayur	1 . 52

Category : **Sub Junior Boys**

Event : 283 : SHOTPUT (4KG)

State Record : 13.19 , (Nikhil Neethin) , 2009

National Record : 16.31 , (BANDHURAM. B) , 1990

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1189	PAZHANISWAMY M.	Ernakulam	27023-St. George`s H S S Kothamangalam	11 . 83
II	1574	SUDHEESH B.	Palakkad	21093-K. H. S. Kumaramputhur	11 . 69
III	1013	SURESH .R	Idukki	30072-M. R. S. Munnar	11 . 48
IV	833	RATHEESH P	Kottayam	32058-CKM HSS Koruthodu	11 . 26
V	1741	AMJITH K	Malappuram	18237-G.H.S. Muthuvalloor	10 . 89
VI	657	SHIJO MATHEW	Alappuzha	35004-Leo XIII H S S Alappuzha	10 . 79
VII	117	ADARSH SASEENDRAN	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	10 . 46
VIII	2086	SACHIN PAUL BIJU	Wayanad	15052-St. Joseph`s E H S S Bathery	10 . 30

Category : **Sub Junior Boys**

Event : 284 : DISCUS THROW 1(KG)

State Record : 41.54 , (Anadhu P B) , 2005

National Record : 56.35 , (ARUN KUMAR) , 2006

Venue : University stadium

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Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1735	SHANAVAS. C	Malappuram	19050-G. H. S. S. Edappal	38 . 85
II	1189	PAZHANISWAMY M.	Ernakulam	27023-St. George`s H S S Kothamangalam	38 . 9
III	116	JENNIS XAVIER	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	36 . 87
IV	1574	SUDHEESH B.	Palakkad	21093-K. H. S. Kumaramputhur	35 . 25
V	655	JITHIN JOHN	Alappuzha	34037-St Raphel's HS Ezhupunna	33 . 58
VI	657	SHIJO MATHEW	Alappuzha	35004-Leo XIII H S S Alappuzha	32 . 95
VII	1741	AMJITH K	Malappuram	18237-G.H.S. Muthuvalloor	32 . 52
VIII	1183	SAMUEL DURAI	Ernakulam	27021-Mar Basil H S S Kothamangalam	31 . 75

Category : **Sub Junior Boys**
 Event : 285 : 4 X 100 M RELAY
 State Record : 00:47:60 , (GV RAJA TVM) , 2001
 National Record : 44:04 , (HARYANA TEAM) , 2002
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Relay Letter	District	Performance
I	A	Thiruvananthapuram	48.20
II	H	Thrissur	48.43
III	E	Kottayam	48.89
IV	G	Ernakulam	49.34
V	M	Kannur	49.87
VI	B	Kollam	50.81
VII	J	Malappuram	53.79

Category : **Sub Junior Girls**
 Event : 286 : 100 M
 State Record : 00:12:70 , (Sindhu Mathew) , 1987
 National Record : 00:12:08 , (LOPMUDRN) , 1998
 Venue : University stadium
 Date : 2010-12-18 10:45:00

Position	Chest No:	Name	District	School	Performance
I	1580	MAJIDHA NOWRIN .A	Palakkad	21069-H. S. Parli	13.12
II	1197	ARCHANA K RAJU	Ernakulam	26067-Sacred Heart H.S.S. Thevara	13.51

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III	1200	ALINA THOMAS	Ernakulam	27021-Mar Basil H S S Kothamangalam	13.56
IV	131	ATHIRA MURUKESH S	Thiruvananthapuram	43048-Holy Angel's Convent H. S.	13.72
V	1940	SHAHARBANA SIDHIQUE	Kozhikode	47111-AMHS POOVAMBAYI	13.72
VI	1404	SNEHA MANOHARAN	Thrissur	24059-Govt. Fisheries H. S. S Nattika	13.82
VII	862	DIBI SEBASTIAN	Kottayam	31547-SHGHS Bharananganam sports division	14.10

Category : **Sub Junior Girls**
 Event : 287 : 200 M
 State Record : 00:26:30 , (Sindhu Mathew) , 1987
 National Record : 00:25:15 , (DUTEE CHAND) , 2009
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1580	MAJIDHA NOWRIN .A	Palakkad	21069-H. S. Parli	26.57
II	1197	ARCHANA K RAJU	Ernakulam	26067-Sacred Heart H.S.S. Thevara	27.15
III	1939	ANAMIKA	Kozhikode	47111-AMHS POOVAMBAYI	27.21
IV	1200	ALINA THOMAS	Ernakulam	27021-Mar Basil H S S Kothamangalam	27.43
V	1940	SHAHARBANA SIDHIQUE	Kozhikode	47111-AMHS POOVAMBAYI	27.61
VI	1404	SNEHA MANOHARAN	Thrissur	24059-Govt. Fisheries H. S. S Nattika	28.0
VIII	131	ATHIRA MURUKESH S	Thiruvananthapuram	43048-Holy Angel's Convent H. S.	28.15

Category : **Sub Junior Girls**
 Event : 288 : 400 M
 State Record : 00:59:80 , (Maria James) , 2000
 National Record : 00:57:04 , (DUTEE CHAND) , 2009
 Venue : University stadium
 Date : 2010-12-18 08:20:00

Position	Chest No:	Name	District	School	Performance
I	1200	ALINA THOMAS	Ernakulam	27021-Mar Basil H S S Kothamangalam	1:0.27
II	1577	BABITHA.C	Palakkad	20024-T. R. K. H. S.S.Vaniyamkulam	1:0.99
III	1199	OLIVIYA ANN MARIA THOMAS	Ernakulam	26067-Sacred Heart H.S.S. Thevara	1:1.3

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IV	1939	ANAMIKA	Kozhikode	47111-AMHS POOVAMBAYI	1:2.42
V	1210	SALINI V K	Ernakulam	27023-St. George`s H S S Kothamangalam	1:2.96
VI	1036	DILIYA GEORGE	Idukki	30051-CHS Calvarymount	1:3.57
VII	1030	PARVATHY SASEENDRAN	Idukki	29021-S N M High School Vannappuram	1:4.96
VIII	1404	SNEHA MANOHARAN	Thrissur	24059-Govt. Fisheries H. S. S Nattika	1:5.31

Category : **Sub Junior Girls**
 Event : 289 : 600 M
 State Record : 01:38:60 , (Sinsha K) , 2004
 National Record : 01:36:69 , (SINSHA K) , 2006
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1199	OLIVIYA ANN MARIA THOMAS	Ernakulam	26067-Sacred Heart H.S.S. Thevara	1:39.40
II	1577	BABITHA.C	Palakkad	20024-T. R. K. H. S.S.Vaniyamkulam	1:40.99
III	1036	DILIYA GEORGE	Idukki	30051-CHS Calvarymount	1:45.16
IV	1202	ANU BABU	Ernakulam	27021-Mar Basil H S S Kothamangalam	1:45.78
V	1030	PARVATHY SASEENDRAN	Idukki	29021-S N M High School Vannappuram	1:48.42
VI	1754	ARYA.O	Malappuram	18071-A.M.M. H.S. Pulikkal	1:49.88
VII	1210	SALINI V K	Ernakulam	27023-St. George`s H S S Kothamangalam	1:51.78
VIII	2288	APARNA P	Kannur	13005-Govt.V.H.S.S.Kannur	1:52.92

Category : **Sub Junior Girls**
 Event : 290 : 80 MH
 State Record : 00:12:67 , (Merlin P) , 2008
 National Record : 00:12:35 , (SUMAN DEEP SINGH) , 2006
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1580	MAJIDHA NOWRIN .A	Palakkad	21069-H. S. Parli	12.73
II	2277	ASWATHI SASIKUMAR	Kannur	13083-Mary Queen`s High School Kudianmala	13.37
III	131	ATHIRA MURUKESH S	Thiruvananthapuram	43048-Holy Angel`s Convent H. S.	13.68

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IV	865	SANGEETHA .N P	Kottayam	31547-SHGHS Bharananganam sports division	13.69
V	1032	ALEENA VINCENT	Idukki	30051-CHS Calvarymount	13.84
VI	1207	VINITHA BABU	Ernakulam	27023-St. George`s H S S Kothamangalam	13.91

Category : **Sub Junior Girls**
 Event : 291 : LONG JUMP
 State Record : 5.28 , (B Reshmi) , 1990
 National Record : 5.49 , (TANJILA KHATUN) , 2006
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1205	ANJU KURIAKOSE	Ernakulam	27023-St. George`s H S S Kothamangalam	4 . 66
II	1032	ALEENA VINCENT	Idukki	30051-CHS Calvarymount	4 . 62
III	1588	SHAMNA. P	Palakkad	21093-K. H. S. Kumaramputhur	4 . 60
IV	1927	AMAYA S R	Kozhikode	16061-NATIONAL HSS VATTOLI	4 . 54
V	679	JOHNCY.P.K	Alappuzha	36024-St. John`s H S S Mattom	4 . 54
VI	680	ATHIRA. B	Alappuzha	36024-St. John`s H S S Mattom	4 . 49
VII	865	SANGEETHA .N P	Kottayam	31547-SHGHS Bharananganam sports division	4 . 38
VIII	2470	ASOORA N.P	Kasaragod	12341-G. F. U. P. S. Kanhagad	4 . 38

Category : **Sub Junior Girls**
 Event : 292 : HIGH JUMP
 State Record : 1.56 , (B Reshmi) , 1990
 National Record : 1.59 , (ANTANA KHATUN) , 2005
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1581	CHESHMA .T.C	Palakkad	21069-H. S. Parli	1 . 48
II	860	LIBIA SHAJI	Kottayam	31547-SHGHS Bharananganam sports division	1 . 41
III	1033	MELVA GEORGE	Idukki	30051-CHS Calvarymount	1 . 41
IV	1209	NISTYMOL C. KANAKKAL	Ernakulam	27023-St. George`s H S S Kothamangalam	1 . 37

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IV	1756	AJISHA SHERIN.A	Malappuram	18083-P.P.M.H.S.S. Kottukkara	1 . 37
VI	1024	NISSY LAISY THAMBY	Idukki	29044-S N V H S S N R City	1 . 32
VII	1028	ANJU BABU	Idukki	30019-St.Mary`s H.S.S. Vellaramkunnu	1 . 32
VII	2285	ATHIRA.K	Kannur	14012-Govt. H S S Palayad	1 . 32

Category : **Sub Junior Girls**
 Event : 293 : SHOTPUT (4KG)
 State Record : 10.14 , (Saranya J) , 2003
 National Record : 10.07 , (PINKI DEY) , 2005
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1205	ANJU KURIAKOSE	Ernakulam	27023-St. George`s H S S Kothamangalam	8 . 2
II	312	LINCY RENJITH	Kollam	40044-St. Goretti HSS Punalur	7 . 61
III	1592	DEEPTHIDAS .R	Palakkad	21042-V. M. C. E. M. G. H. S. S. Chittur	7 . 36
IV	1203	JISA RAJAN	Ernakulam	27021-Mar Basil H S S Kothamangalam	7 . 26
V	1591	JISSMARIYA CYRIAC	Palakkad	21117-St. Johns Akampadam	7 . 23
VI	139	JOSHMI JOSE	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	6 . 94
VII	1583	AMRITHA .K.M	Palakkad	21069-H. S. Parli	6 . 92
VIII	1929	ANJANA. E	Kozhikode	17014-St. Michael's H. S.S Westhill	6 . 82

Category : **Sub Junior Girls**
 Event : 294 : DISCUS THROW 1(KG)
 State Record : 28.19 , (Athira Muralidharan) , 2008
 National Record : 33.65 , (NAVJEET JAUR DHILOON) , 2009
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1203	JISA RAJAN	Ernakulam	27021-Mar Basil H S S Kothamangalam	24 . 84
II	2477	ATHIRA. C	Kasaragod	12003-G. H. S. S. Balla East	22 . 98
III	1209	NISTYMOL C. KANAKKAL	Ernakulam	27023-St. George`s H S S Kothamangalam	22 . 54
IV	1031	ALEENA JOSEPH	Idukki	30051-CHS Calvarymount	22 . 7
V	1582	NISHA .E	Palakkad	21069-H. S. Parli	21 . 85
VI	1583	AMRITHA .K.M	Palakkad	21069-H. S. Parli	19 . 78

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VII	493	MARIAM K THAMPI	Pathanamthitta	38012-St.Benedict's M.S.C.H.S Thannithode	19 . 28
VIII	1395	SHABINI. A.S	Thrissur	22452-A. U. P. S. Marottichal	19 . 25

Category : **Sub Junior Girls**
 Event : 295 : 4 X 100 M RELAY
 State Record : 00:51:78 , () , 1983
 National Record : 00:50:32 , (KERALA TEAM) , 2001
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Relay Letter	District	Performance
I	G	Ernakulam	52.31
II	I	Palakkad	52.68
III	F	Idukki	53.87
IV	E	Kottayam	54.27
V	M	Kannur	54.83
VI	J	Malappuram	54.85
VII	D	Alappuzha	56.71

Category : **Junior Boys**
 Event : 296 : 100 M
 State Record : 00:10:90 , (Ram Kumar) , 1988
 National Record : 00:10:08 , (RAMKUMAR .P) , 1990
 Venue : University stadium
 Date : 2010-12-18 12:05:00

Position	Chest No:	Name	District	School	Performance
I	340	LIKHIN S	Kollam	40044-St. Goretti HSS Punalur	11.54
II	1616	UNAIS A.K.	Palakkad	21093-K. H. S. Kumaramputhur	11.60
III	1443	ABDU SAMAD	Thrissur	22042-G. H. S. S. PUNUKUNNAM	11.61
IV	1603	BARATH R	Palakkad	21052-Bharathmatha H. S. S. Palakkad	11.62
V	357	ANOOP A U	Kollam	41102-S.N. Trust H.S.S. Kollam	11.81
VI	1228	DENIL V S	Ernakulam	27021-Mar Basil H S S Kothamangalam	11.87
VII	1444	CHRISTY FRANCO	Thrissur	22034-C. M. S. H. S. S. THRISSUR	11.97
VIII	1239	NASIMUDHEEN M N	Ernakulam	27023-St. George's H S S Kothamangalam	12.18

Category : **Junior Boys**
 Event : 297 : 200 M

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State Record : 00:22:40 , (Saji P S) , 1986
National Record : 00:21:99 , (BINEESH K. SHAJI) , 2009
Venue : University stadium
Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1603	BARATH R	Palakkad	21052-Bharathmatha H. S. S. Palakkad	22.97
II	340	LIKHIN S	Kollam	40044-St. Goretti HSS Punalur	23.13
III	1061	RAHUL RAVI	Idukki	29021-S N M High School Vannappuram	23.28
IV	1970	SALBIN JOSEPH	Kozhikode	47018-ST. GEORGE'S HSS KULATHUVAYAL	23.42
V	167	AKHIL CS	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	23.81
VI	1241	AKHIL ANTONY	Ernakulam	27023-St. George`s H S S Kothamangalam	23.83
VII	1243	ANAND RAJ	Ernakulam	27023-St. George`s H S S Kothamangalam	24.32

Category : **Junior Boys**
Event : 298 : 400 M
State Record : 00:49:05 , (Robin Rose Mani) , 2005
National Record : 00:48:47 , (ROBIN ROSE MANI) , 2006
Venue : University stadium
Date : 2010-12-18 09:55:00

Position	Chest No:	Name	District	School	Performance
I	1620	LIJO MANI	Palakkad	21093-K. H. S. Kumaramputhur	50.40
II	1059	SANDHU SUKUMARAN	Idukki	29021-S N M High School Vannappuram	50.79
III	2158	MANI P V	Wayanad	15022-S K M J H S S Kalpetta	51.81
IV	1242	RITTO JOSEPH	Ernakulam	27023-St. George`s H S S Kothamangalam	52.59
V	1445	AKSHAY P. DEV SURESHKUMAR	Thrissur	22056-G. M. B. H. S. S. Thrissur	53.78
VI	899	VIDYASAGAR R	Kottayam	33028-NSSHSS KARAPUZHA	53.18
VII	167	AKHIL CS	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	53.69

Category : **Junior Boys**
Event : 299 : 800 M
State Record : 01:57:51 , (Robin Rose Mani) , 2005
National Record : 01:55:00 , (MOHISH SHUKUL) , 1990
Venue : University stadium

MEET RESULT

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1620	LIJO MANI	Palakkad	21093-K. H. S. Kumaramputhur	1:55.61 NMR[SR]
II	1059	SANDHU SUKUMARAN	Idukki	29021-S N M High School Vannappuram	1:58.60
III	1611	MADHU M	Palakkad	21077-H. S. Mundur	1:59.61
IV	1786	AJMAL RIDWAN. V	Malappuram	19115-Ideal E. H. S. S. Kadakassery	1:59.66
V	165	TWINKLE TOMY	Thiruvananthapuram	43019-M. V. H. S. Thundathil	2:1.86
VI	2158	MANI P V	Wayanad	15022-S K M J H S S Kalpetta	2:2.77
VII	1782	AHAMMED KABEER. K.V	Malappuram	19115-Ideal E. H. S. S. Kadakassery	2:2.95
VIII	1229	AMAL GEORGE	Ernakulam	27021-Mar Basil H S S Kothamangalam	2:5.28

Category : **Junior Boys**

Event : 300 : 1500 M

State Record : 04:10:00 , (Raman M P) , 1988

National Record : 04:03:04 , (P.TRINATH) , 2003

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1620	LIJO MANI	Palakkad	21093-K. H. S. Kumaramputhur	4:9.18 NMR[SR]
II	165	TWINKLE TOMY	Thiruvananthapuram	43019-M. V. H. S. Thundathil	4:12.20
III	1611	MADHU M	Palakkad	21077-H. S. Mundur	4:12.52
IV	1232	ABIN BABY	Ernakulam	27021-Mar Basil H S S Kothamangalam	4:13.41
V	1962	AMAL THOMAS	Kozhikode	47085-St. Joseph` s HS Pulloorampara	4:14.35
VI	1064	ANAND K MADHU	Idukki	29021-S N M High School Vannappuram	4:19.11
VII	1428	GLAXIN ANTONY K T	Thrissur	23046-ST. ANTONY`S H S S MALA	4:23.21
VIII	2148	LIJIN P T	Wayanad	15057-G V H S S Ambalavayal	4:26.83

Category : **Junior Boys**

Event : 301 : 3000 M

State Record : 08:58:50 , (Sharlin Jose) , 2004

National Record : 08:46:07 , (UTHRA KUMAR PAL) , 2009

Venue : University stadium

Date : 2010-12-18 07:30:00

MEET RESULT

Position	Chest No:	Name	District	School	Performance
I	1604	MOHAMMED AFSAL .P	Palakkad	21069-H. S. Parli	9:7.31
II	1232	ABIN BABY	Ernakulam	27021-Mar Basil H S S Kothamangalam	9:15.87
III	1428	GLAXIN ANTONY K T	Thrissur	23046-ST. ANTONY`S H S S MALA	9:17.5
IV	890	ARUN RAJAN	Kottayam	33054-ST.PETERS HSS KURUMPANADAM	9:24.31
V	1962	AMAL THOMAS	Kozhikode	47085-St. Joseph`s HS Pulloorampara	9:27.47
VI	2148	LIJIN P T	Wayanad	15057-G V H S S Ambalavayal	9:33.25
VII	1248	AMAL JOSEPH	Ernakulam	27023-St. George`s H S S Kothamangalam	9:35.27
VIII	1609	SHAJAHAN .E.K	Palakkad	21069-H. S. Parli	9:38.19

Category : **Junior Boys**
 Event : 302 : 100 MH
 State Record : 00:14:07 , (Mirza Salim) , 2007
 National Record : 00:13:00 , (PRADEEP GHOSH) , 1976
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1239	NASIMUDHEEN M N	Ernakulam	27023-St. George`s H S S Kothamangalam	14.29
II	1976	ARJUN GANGADHAR	Kozhikode	17021-Govt Model H. S. S. Kozhikode	14.66
III	1957	ANAND	Kozhikode	17078-U. H. H. S. S. Chaliyam	14.74
IV	1068	JOHN FRANCIS	Idukki	29021-S N M High School Vannappuram	14.93
V	1781	JISHAD. E.P	Malappuram	19115-Ideal E. H. S. S. Kadakassery	15.6
VI	1247	ANAS BABU E B	Ernakulam	27023-St. George`s H S S Kothamangalam	15.84

Category : **Junior Boys**
 Event : 303 : LONG JUMP
 State Record : 6 , (Anoop P K) , 2005
 National Record : 7.16 , (SNKIT SHARMA) , 2009
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1443	ABDU SAMAD	Thrissur	22042-G. H. S. S. PUNUKUNNAM	6 . 63
II	702	ABIN B	Alappuzha	35002-St. Michael`s H S Thathampally	6 . 42
III	1788	SIRAJUDHEEN. C	Malappuram	18082-CHMHS Pookolathur	6 . 39

MEET RESULT

IV	1784	SUHAIL. P.V	Malappuram	19115-Ideal E. H. S. S. Kadakassery	6 . 22
V	1239	NASIMUDHEEN M N	Ernakulam	27023-St. George`s H S S Kothamangalam	6 . 21
VI	2320	SACHIN VARGHESE	Kannur	13003-St.Joseph`s English School Cherupuzha	6 . 4
VII	1972	AKSHAY PRAKASH	Kozhikode	47031-PERAMBRA HSS	6 . 4
VIII	1224	KEVIN ANDREUS	Ernakulam	26030-M.P.M.H.S. Thammanam	6 . 1

Category : **Junior Boys**
 Event : 304 : HIGH JUMP
 State Record : 1.9 , (Anil Kumar R) , 1996
 National Record : 2 , (AJAYPAL SINGH) , 2005
 Venue : University stadium
 Date : 2010-12-18 08:15:00

Position	Chest No:	Name	District	School	Performance
I	1431	SREENITH MOHAN	Thrissur	24072-Sree Krishna H. S. S Guruvayur	1 . 98 NMR[SR]
II	1608	ASWAN .V.V	Palakkad	21069-H. S. Parli	1 . 84
II	1062	GIJO M KURIAN	Idukki	29021-S N M High School Vannappuram	1 . 84
IV	1240	RAHUL RAJ	Ernakulam	27023-St. George`s H S S Kothamangalam	1 . 84
V	171	JEFIN BIJU	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	1 . 84
VI	1235	VIPIN T K	Ernakulam	27021-Mar Basil H S S Kothamangalam	1 . 76
VII	176	ANEESH K	Thiruvananthapuram	43109-SAM MRS Vellayani	1 . 76
VIII	1224	KEVIN ANDREUS	Ernakulam	26030-M.P.M.H.S. Thammanam	1 . 76

Category : **Junior Boys**
 Event : 305 : TRIPLE JUMP
 State Record : 14.02 , (Ajimon M K) , 1988
 National Record : 14.89 , (DHIRA MISHRA) , 2007
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1621	SAFEER T.	Palakkad	21093-K. H. S. Kumaramputhur	14 . 44 NMR[SR]
II	702	ABIN B	Alappuzha	35002-St. Michael`s H S Thathampally	13 . 93
III	1234	SUNLAL M V	Ernakulam	27021-Mar Basil H S S Kothamangalam	13 . 35
IV	701	SAJAN J KURIAN	Alappuzha	35002-St. Michael`s H S Thathampally	13 . 18

MEET RESULT

V	1961	AKHIL BIJU	Kozhikode	47085-St. Joseph`s HS Pulloorampara	12 . 95
VI	1229	AMAL GEORGE	Ernakulam	27021-Mar Basil H S S Kothamangalam	12 . 79
VII	1784	SUHAIL. P.V	Malappuram	19115-Ideal E. H. S. S. Kadakassery	12 . 60
VIII	708	ANANTHU BALU	Alappuzha	36024-St. John`s H S S Mattom	12 . 56

Category : **Junior Boys**
 Event : 306 : POLE VAULT
 State Record : 3.81 , (Dhaneesh Steaphen) , 2008
 National Record : 4.2 , (PREMANDRA KUMAR PATEL) , 2009
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1246	VISHNU UNNI	Ernakulam	27023-St. George`s H S S Kothamangalam	3 . 90 NMR[SR]
II	1622	NIDHEESH A.O.	Palakkad	21093-K. H. S. Kumaramputhur	3 . 5
III	687	GODWIN DAMIAN	Alappuzha	34001-S F A HSS Arthunkal	2 . 85
IV	688	KEVIN ANTONY	Alappuzha	34001-S F A HSS Arthunkal	2 . 85
V	711	ANOOP.R	Alappuzha	36024-St. John`s H S S Mattom	2 . 85
VI	1429	SAJEESH K.R.	Thrissur	24043-V. R. A. M. H. S Thaikkad South	2 . 65
VIII	1790	ABOOTHAHIR.K	Malappuram	19025-S. M. M. H. S. Rayirimangalam	2 . 65
VI	1226	VITHIN BABU	Ernakulam	28014-H S Ramamangalam	2 . 65

Category : **Junior Boys**
 Event : 307 : SHOTPUT (5.450KG)
 State Record : 13.44 , (Aneesh P C) , 1995
 National Record : 17.42 , (NARESH) , 2008
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1618	NIKHIL NEETHIN	Palakkad	21093-K. H. S. Kumaramputhur	13 . 59 NMR[SR]
II	173	AKESH KUMAR VK	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	12 . 72
III	1433	VISHNU BALAKRISHNAN	Thrissur	24013-Bethany St. John`s E. M. H. S Kunnankulam	11 . 59
IV	329	SHYNU SHAJAHAN	Kollam	39059-B.M.M.C.S.P.M.H.S SASTHAMCOTTA	11 . 23

MEET RESULT

V	1448	ANIL BABU	Thrissur	23042-M A M H S KORATTY	11 . 22
VI	1230	MUHAMMED ALI	Ernakulam	27021-Mar Basil H S S Kothamangalam	11 . 4
VII	1954	MUNAVVAR FAIROOS C M	Kozhikode	16079-CRESCENT HS VANIMEL	10 . 80
VIII	328	VISHNU B	Kollam	39049-S.M.H.S. PATHARAM	10 . 79

Category : **Junior Boys**
 Event : 308 : DISCUS THROW 1.5(KG)
 State Record : 47.13 , (Mohammed Ijas) , 2008
 National Record : 55.27 , (KRIPAL SINGH) , 2006
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	176	ANEESH K	Thiruvananthapuram	43109-SAM MRS Vellayani	38 . 27
II	173	AKESH KUMAR VK	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	37 . 98
III	1236	ARUN THANKACHAN	Ernakulam	27021-Mar Basil H S S Kothamangalam	33 . 76
IV	1619	ABDUL SHAMEER P.K.	Palakkad	21093-K. H. S. Kumaramputhur	32 . 34
V	1424	ARJUN C.P	Thrissur	23015-ST. ANNE`S H S KOTTAPURAM	31 . 16
VI	1954	MUNAVVAR FAIROOS C M	Kozhikode	16079-CRESCENT HS VANIMEL	31 . 14
VII	1041	BASIL ISSAC	Idukki	29044-S N V H S S N R City	31 . 0
VIII	712	ARJUN. M	Alappuzha	36024-St. John`s H S S Mattom	30 . 68

Category : **Junior Boys**
 Event : 309 : JAVELIN THROW(800 GMS)
 State Record : 56.22 , (Jibin Reji) , 2009
 National Record : 67.44 , (Y BHAGE SINGH) , 1998
 Venue : Central Stadium
 Date : 2010-12-18 10:30:00

Position	Chest No:	Name	District	School	Performance
I	1799	DEEPAK .P	Malappuram	19031-Navamukunda H. S. S. Thirunavaya	51 . 15
II	173	AKESH KUMAR VK	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	46 . 88
III	1233	VIPIN P	Ernakulam	27021-Mar Basil H S S Kothamangalam	45 . 19
IV	1593	RASHID.K.T	Palakkad	20013-G. J. H. S. S. Naduvattam	43 . 25

MEET RESULT

V	1218	JESTIN JOHN M	Ernakulam	25033-Elenthikkara High School	42 . 29
VI	1966	AJITH JOHNSON	Kozhikode	47026-ST.GEORGE HS VELAMCODE	41 . 83
VII	347	AKSHAY.M	Kollam	41056- Govt: Model Boys H.S.S . Kollam	39 . 10
VIII	2512	SUNIL.T	Kasaragod	12058-Dr. A. G. H. S. S. Kodoth	38 . 52

Category : **Junior Boys**
 Event : 310 : HAMMER THROW(5.450 KG)
 State Record : 49.14 , (Sachin James) , 2008
 National Record : 66.7 , (ASHOK TIWARI) , 2001
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1236	ARUN THANKACHAN	Ernakulam	27021-Mar Basil H S S Kothamangalam	37 . 90
II	1796	MOHEMED SABEEB. M	Malappuram	19031-Navamukunda H. S. S. Thirunavaya	37 . 82
III	1606	SAHITH KRISHNA .K.R	Palakkad	21069-H. S. Parli	35 . 64
IV	891	CYRIL GEORGE	Kottayam	33054-ST.PETERS HSS KURUMPANADAM	34 . 2
V	1607	KIRAN .C.G	Palakkad	21069-H. S. Parli	33 . 84
VI	1216	JUSTIN DEVASSIA	Ernakulam	25025-Sacred Heart Orphanage H. S. Mookkannoor	31 . 86
VII	1057	ARUN ROY	Idukki	29020-St. Mary`s Higher Sec. School Kaliyar	29 . 4
VIII	703	TOM ANDREWS	Alappuzha	35004-Leo XIII H S S Alappuzha	26 . 86

Category : **Junior Boys**
 Event : 311 : 5 KM WALK
 State Record : 23:19:06 , (Emmanuel Sebastiaan) , 2008
 National Record : 22:57:40 , (MANOJ S DOMBLE) , 2005
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1612	DILEEP MK	Palakkad	21077-H. S. Mundur	24:33.40
II	1249	ELDHO VARGHESE	Ernakulam	27026-St. Stephen`s H S S Keerampara	24:42.90
III	1785	HARIS RAHMAN. E	Malappuram	19115-Ideal E. H. S. S. Kadakassery	25:20.70
IV	1598	RENJITH.M	Palakkad	21098-G. H. S. Pattancherry	25:22.90
V	699	JOSEPH ANTONY	Alappuzha	35001-S D V B H S S Alappuzha	25:30.20

MEET RESULT

VI	1801	VIJIN K WILSON	Malappuram	48046-CKHS Manimooli	25:33.10
VII	1599	KISHORE . P	Palakkad	21062-C. F. D.V. H. S.S. Mathur	25:45.70
VIII	874	SANU K M	Kottayam	32049-Gracy Memorial HS Parathode	25:58.90

Category : **Junior Boys**
 Event : 312 : 4 X 100 M RELAY
 State Record : 00:44:30 , () , 1993
 National Record : 00:42:08 , (DELHI TEAM) , 2003
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Relay Letter	District	Performance
I	F	Idukki	44.88
II	H	Thrissur	45.32
III	G	Ernakulam	45.42
IV	I	Palakkad	45.54
V	E	Kottayam	46.25
VI	D	Alappuzha	46.83
VII	M	Kannur	47.30

Category : **Junior Girls**
 Event : 313 : 100 M
 State Record : 00:12:10 , () , 1988
 National Record : 00:12:12 , (RANJITHA MAHAMNTHA) , 2009
 Venue : University stadium
 Date : 2010-12-18 11:05:00

Position	Chest No:	Name	District	School	Performance
I	1074	ARYA T.S	Idukki	29021-S N M High School Vannappuram	12.69
II	1283	DONA SHIBU	Ernakulam	27023-St. George`s H S S Kothamangalam	13.5
III	725	SHIELDA A P	Alappuzha	34016-ABVHSS Muhamma	13.15
IV	1256	SANDRA SATHYAN	Ernakulam	27021-Mar Basil H S S Kothamangalam	13.18
V	1636	ANJU .P.M	Palakkad	21069-H. S. Parli	13.24
VI	1646	RANGA. K	Palakkad	21093-K. H. S. Kumaramputhur	13.35
VII	2352	SUMIMOL MATHEW	Kannur	13004-Govt.V.H.S.S.For Girls Kannur	13.38
VIII	197	ANJU AS	Thiruvananthapuram	43019-M. V. H. S. Thundathil	13.52

Category : **Junior Girls**
 Event : 314 : 200 M
 State Record : 00:25:30 , (Maria James) , 2003

MEET RESULT

National Record : 00:25:00 , (MANDEEP KAUR) , 2003

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1074	ARYA T.S	Idukki	29021-S N M High School Vannappuram	25.97
II	1283	DONA SHIBU	Ernakulam	27023-St. George` s H S S Kothamangalam	26.51
III	725	SHIELDA A P	Alappuzha	34016-ABVHSS Muhamma	26.70
IV	1256	SANDRA SATHYAN	Ernakulam	27021-Mar Basil H S S Kothamangalam	26.76
V	1649	SUMI M.	Palakkad	21093-K. H. S. Kumaramputhur	26.88
VI	1255	NIMINA MATHEW	Ernakulam	26067-Sacred Heart H.S.S. Thevara	26.99
VII	1073	NEETHU SABU	Idukki	30051-CHS Calvarymount	27.11

Category : **Junior Girls**

Event : 315 : 400 M

State Record : 00:56:41 , (Tintu Luka) , 2005

National Record : 00:55:61 , (TINTU LUKA) , 2006

Venue : University stadium

Date : 2010-12-18 08:40:00

Position	Chest No:	Name	District	School	Performance
I	1997	SRUTHI RAJ.U.V	Kozhikode	47028-GGHSS BALUSSERY	58.93
II	1256	SANDRA SATHYAN	Ernakulam	27021-Mar Basil H S S Kothamangalam	59.48
III	1255	NIMINA MATHEW	Ernakulam	26067-Sacred Heart H.S.S. Thevara	1:0.11
IV	1649	SUMI M.	Palakkad	21093-K. H. S. Kumaramputhur	1:1.15
V	926	ANJALI JOSE	Kottayam	31547-SHGHS Bharananganam sports division	1:1.54
VI	1996	SOUPARNIKA SURESH	Kozhikode	47028-GGHSS BALUSSERY	1:1.59
VII	1075	SWATHY V.C	Idukki	29021-S N M High School Vannappuram	1:3.77
VIII	2351	LISHNA T A	Kannur	14003-Govt.Girls HSS Thalassery	1:3.84

Category : **Junior Girls**

Event : 316 : 800 M

State Record : 02:15:50 , (Ronimol Kuriakose) , 1985

National Record : 02:12:01 , (SINSHA K) , 2009

Venue : University stadium

MEET RESULT

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1999	JESSY JOSEPH	Kozhikode	47111-AMHS POOVAMBAYI	2:13.82 NMR[SR]
II	1988	THERESE JOSEPH	Kozhikode	47085-St. Joseph` s HS Pulloorampara	2:18.53
III	1998	SANJANA	Kozhikode	47028-GGHSS BALUSSERY	2:19.94
IV	1087	KOCHUTHRASIA K.L	Idukki	29021-S N M High School Vannappuram	2:21.95
V	2357	ANSY .M	Kannur	13005-Govt.V.H.S.S.Kannur	2:26.59
VI	2354	HRIDYA CHANDRAN.P.N	Kannur	13005-Govt.V.H.S.S.Kannur	2:26.85
VII	928	SUBI SOSAMMA CHERIAN	Kottayam	31547-SHGHS Bharananganam sports division	2:31.0
VIII	2183	BINCY. A.P	Wayanad	15022-S K M J H S S Kalpetta	2:32.43

Category : **Junior Girls**

Event : 317 : 1500 M

State Record : 04:44:04 , (Desty Sunny) , 2007

National Record : 04:41:90 , (SHAMEENA JABBAR) , 2005

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1643	VIDHYA K K	Palakkad	21077-H. S. Mundur	4:45.78
II	1988	THERESE JOSEPH	Kozhikode	47085-St. Joseph` s HS Pulloorampara	4:46.7
III	1072	ATHIRA SASI	Idukki	30043-STHSS Erattayar	4:51.18
IV	1998	SANJANA	Kozhikode	47028-GGHSS BALUSSERY	4:54.67
V	1103	GEETHU MOHANAN	Idukki	30043-STHSS Erattayar	4:58.23
VI	2356	SAFEEDA .M.P	Kannur	13004-Govt.V.H.S.S.For Girls Kannur	4:58.35
VII	1633	RAGI. R	Palakkad	21022-M. N. K. M. H. S. S. Chittilancheri	5:1.87
VIII	1087	KOCHUTHRASIA K.L	Idukki	29021-S N M High School Vannappuram	5:4.25

Category : **Junior Girls**

Event : 318 : 3000 M

State Record : 10:05:80 , (Shameena Jabbar) , 2004

National Record : 10:00:03 , (RITU DINAKAR) , 2008

Venue : University stadium

Date : 2010-12-18 07:00:00

MEET RESULT

Position	Chest No:	Name	District	School	Performance
I	1643	VIDHYA K K	Palakkad	21077-H. S. Mundur	10:6.62
II	1988	THERESE JOSEPH	Kozhikode	47085-St. Joseph`s HS Pulloorampara	10:19.18
III	1638	VIBITHA .P.D	Palakkad	21069-H. S. Parli	10:25.32
IV	1072	ATHIRA SASI	Idukki	30043-STHSS Erattayar	10:28.43
V	1641	VARSHA .M.V	Palakkad	21069-H. S. Parli	10:29.43
VI	1087	KOCHUTHRASIA K.L	Idukki	29021-S N M High School Vannappuram	10:35.19
VII	927	SMRUTHIMOL V RAJENDRAN	Kottayam	31547-SHGHS Bharananganam sports division	10:44.70
VIII	1269	ANU MARYA SUNNY	Ernakulam	27023-St. George`s H S S Kothamangalam	11:8.90

Category : **Junior Girls**
 Event : 319 : 100 MH
 State Record : 00:15:20 , (Raji C T) , 2003
 National Record : 00:15:11 , (SUMANDEEP KAUR) , 2009
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1635	MERLIN .P	Palakkad	21069-H. S. Parli	15.3 NMR[NR]
II	1074	ARYA T.S	Idukki	29021-S N M High School Vannappuram	15.5
III	1648	ELIZABETH ANTONY	Palakkad	21093-K. H. S. Kumaramputhur	15.77
IV	2350	ATHIRA SURENDRAN	Kannur	14004-Govt.Brennen HSS Thalassery	15.89
V	1076	J AIS RANI SEBASTIAN	Idukki	30051-CHS Calvarymount	16.15
VI	2361	SONIYA MATHEW	Kannur	13005-Govt.V.H.S.S.Kannur	16.73
VII	1828	SUBHISHA .U.K	Malappuram	19031-Navamukunda H. S. S. Thirunavaya	17.28
VIII	1273	ANJITHA RAVI N.	Ernakulam	27023-St. George`s H S S Kothamangalam	17.52

Category : **Junior Girls**
 Event : 320 : LONG JUMP
 State Record : 5.5 , (Jetty C Joseph) , 1994
 National Record : 5.88 , (SIBANI BHUMJI) , 2006
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	2002	NAYANA JAMES	Kozhikode	47018-ST. GEORGE'S HSS KULATHUVAYAL	5 . 86 NMR[SR]

MEET RESULT

II	918	JENIMOL JOY	Kottayam	32058-CKM HSS Koruthodu	5 . 69
III	2350	ATHIRA SURENDRAN	Kannur	14004-Govt.Brennen HSS Thalassery	5 . 38
IV	2362	PRIYA N	Kannur	13005-Govt.V.H.S.S.Kannur	5 . 33
V	1476	NEENO JOSE	Thrissur	22053-H. F. C. G. H. S. Thrissur	5 . 25
VI	917	AKSHAYAMOL A K	Kottayam	32058-CKM HSS Koruthodu	5 . 18
VII	1075	SWATHY V.C	Idukki	29021-S N M High School Vannappuram	5 . 16
VIII	1450	HELNI. P.R	Thrissur	22049-St Clare`s C. G. H. S. S Thrissur	5 . 15

Category : **Junior Girls**
 Event : 321 : HIGH JUMP
 State Record : 1.63 , (Aparna S) , 2008
 National Record : 1.65 , (ANTANA KHATUN) , 2006
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1635	MERLIN .P	Palakkad	21069-H. S. Parli	1 . 58
II	1647	SREESHMA RAJAN	Palakkad	21093-K. H. S. Kumaramputhur	1 . 58
III	2358	JISMI M P	Kannur	13005-Govt.V.H.S.S.Kannur	1 . 54
IV	1278	VINITHA BIJU	Ernakulam	27023-St. George`s H S S Kothamangalam	1 . 54
V	1478	SREETHI S.	Thrissur	22053-H. F. C. G. H. S. Thrissur	1 . 54
VI	1277	AKSHYA JOSE	Ernakulam	27023-St. George`s H S S Kothamangalam	1 . 50
VII	1102	AKSHAYA SUSAN THOMAS	Idukki	30051-CHS Calvarymount	1 . 45
VIII	1088	ARCHANA MOL .P.A	Idukki	29021-S N M High School Vannappuram	1 . 40

Category : **Junior Girls**
 Event : 322 : TRIPLE JUMP
 State Record : 11.73 , (Shilpa Chacko) , 2008
 National Record : 12.36 , (SIBANI BHUMJI) , 2006
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	918	JENIMOL JOY	Kottayam	32058-CKM HSS Koruthodu	12 . 12 NMR[SR]
II	2002	NAYANA JAMES	Kozhikode	47018-ST. GEORGE'S HSS KULATHUVAYAL	11 . 83
III	1278	VINITHA BIJU	Ernakulam	27023-St. George`s H S S Kothamangalam	11 . 66

MEET RESULT

IV	731	SOUMYA VARGHESE	Alappuzha	35002-St. Michael's H S Thathampally	11 . 44
V	1075	SWATHY V.C	Idukki	29021-S N M High School Vannappuram	11 . 41
VI	1273	ANJITHA RAVI N.	Ernakulam	27023-St. George's H S S Kothamangalam	11 . 22
VII	1476	NEENO JOSE	Thrissur	22053-H. F. C. G. H. S. Thrissur	11 . 15
VIII	372	SHAFNA. N.R	Kollam	41032-Karunagappally Girls H S	10 . 96

Category : **Junior Girls**
 Event : 323 : POLE VAULT
 State Record : 2.81 , (Juby Paily) , 2008
 National Record : 2.88 , (MELBY) , 2009
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1096	MAREENA GEORGE	Idukki	30051-CHS Calvarymount	2 . 35
II	1272	RESHMA RAVEENDRAN U.R.	Ernakulam	27023-St. George's H S S Kothamangalam	2 . 35
III	1629	NEETHU.K.P	Palakkad	20034-A. K. N. M. M. A. M. H. S. Kattukulam	2 . 20
IV	1263	JUBY VARGHESE	Ernakulam	27021-Mar Basil H S S Kothamangalam	2 . 20
IV	1097	AMRUTHA K R	Idukki	30051-CHS Calvarymount	2 . 20
V	1264	PRASEETHA P	Ernakulam	27021-Mar Basil H S S Kothamangalam	2 . 0
VI	1454	JISMI SAJAN	Thrissur	22052-S. H. C. G. H. S. S. Thrissur	2 . 0

Category : **Junior Girls**
 Event : 324 : SHOTPUT (4KG)
 State Record : 11.57 , (Saranya J) , 2005
 National Record : 12.18 , (MUKESH MENIWAL) , 2005
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1100	ATHIRA MURALIDHARAN	Idukki	30051-CHS Calvarymount	10 . 38
II	1267	JAYALAKSHMI P S	Ernakulam	27021-Mar Basil H S S Kothamangalam	9 . 34
III	909	NEENU THOMAS	Kottayam	31087-St.Mary's Girl's H S S Pala	9 . 33
IV	1265	AMITHA GEORGE	Ernakulam	27021-Mar Basil H S S Kothamangalam	8 . 91

MEET RESULT

V	919	SANITHA SAJAN	Kottayam	32058-CKM HSS Koruthodu	8 . 62
VI	205	SANTHI VO	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	8 . 47
VII	2159	RAJALAKSHMI REGHUNATH	Wayanad	15014-St. Thomas H S Nadavayal	8 . 18
VIII	2360	RIJINA M	Kannur	13005-Govt.V.H.S.S.Kannur	8 . 7

Category : **Junior Girls**
 Event : 325 : DISCUS THROW 1(KG)
 State Record : 35.17 , (Anitha Abraham) , 2003
 National Record : 41.58 , (SEEMA ANTIL) , 1998
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1100	ATHIRA MURALIDHARAN	Idukki	30051-CHS Calvarymount	32 . 48
II	909	NEENU THOMAS	Kottayam	31087-St.Mary`s Girl`s H S S Pala	27 . 10
III	1266	NIKHILA MANOHAR	Ernakulam	27021-Mar Basil H S S Kothamangalam	26 . 98
IV	1270	NINON MARY MATHEW	Ernakulam	27023-St. George`s H S S Kothamangalam	26 . 79
V	205	SANTHI VO	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	26 . 68
VI	2159	RAJALAKSHMI REGHUNATH	Wayanad	15014-St. Thomas H S Nadavayal	26 . 45
VII	915	SHEMEENA P MUHAMMED	Kottayam	32049-Gracy Memorial HS Parathode	24 . 18
VIII	1979	SAJNA. C.K	Kozhikode	16052-POILKAVE HS	24 . 2

Category : **Junior Girls**
 Event : 326 : JAVELIN THROW(600 GMS)
 State Record : 41.42 , (Shini Varghese) , 1994
 National Record : 40.84 , (KALYANI CHETA) , 2001
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1267	JAYALAKSHMI P S	Ernakulam	27021-Mar Basil H S S Kothamangalam	32 . 94
II	1826	PRAJITHA C.K	Malappuram	19031-Navamukunda H. S. S. Thirunavaya	30 . 37
III	1274	GOPIKA NARAYANAN	Ernakulam	27023-St. George`s H S S Kothamangalam	29 . 85
IV	1651	LIJINA RAVEENDREN	Palakkad	21093-K. H. S. Kumaramputhur	28 . 70
V	909	NEENU THOMAS	Kottayam	31087-St.Mary`s Girl`s H S S Pala	28 . 41
VI	1979	SAJNA. C.K	Kozhikode	16052-POILKAVE HS	26 . 16

MEET RESULT

VII	1466	RESHMITHA K.R	Thrissur	23015-ST. ANNE`S H S KOTTAPURAM	24 . 84
VIII	912	HARITHA HARI	Kottayam	31087-St.Mary`s Girl`s H S S Pala	23 . 34

Category : **Junior Girls**
 Event : 327 : 3 KM WALK
 State Record : 14:17:56 , (Meeshma K M) , 2008
 National Record : 14:24:04 , (MEESHMA K.M) , 2008
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1639	NEENA .K.T	Palakkad	21069-H. S. Parli	15:33.10
II	744	MARY MARGRET	Alappuzha	34001-S F A HSS Arthunkal	15:50.40
III	1640	VIJI .V	Palakkad	21069-H. S. Parli	15:52.40
IV	1644	PRIYA P A	Palakkad	21077-H. S. Mundur	16:28.80
V	1991	PRAVEENA BABU	Kozhikode	47085-St. Joseph`s HS Pulloorampara	16:44.20
VI	1092	JINI MOL JOSEPH	Idukki	29021-S N M High School Vannappuram	16:50.80
VII	206	KRISHNA L	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	17:28.70
VIII	1993	BINCY BABY	Kozhikode	47106-ST. JOSEPH HSS KODENCHERY	17:29.0

Category : **Junior Girls**
 Event : 328 : 4 X 100 M RELAY
 State Record : 00:49:30 , () , 1988
 National Record : 00:47:08 , (KERALA TEAM) , 2009
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Relay Letter	District	Performance
I	F	Idukki	50.68
II	G	Ernakulam	50.96
III	D	Alappuzha	51.66
IV	E	Kottayam	51.83
V	A	Thiruvananthapuram	52.29
VI	K	Kozhikode	53.4
VII	L	Wayanad	54.4

Category : **Senior Boys**
 Event : 329 : 100 M
 State Record : 00:10:90 , (Geobin Clement) , 2003
 National Record : 10:07 , (RAM NAIK) , 2002
 Venue : University stadium

MEET RESULT

Date : 2010-12-18 12:30:00

Position	Chest No:	Name	District	School	Performance
I	1294	SUJITH KUTTAN	Ernakulam	26067-Sacred Heart H.S.S. Thevara	10.90 NMR
II	945	JIJIN VIJAYAN	Kottayam	33054-ST.PETERS HSS KURUMPANADAM	11.10
III	944	SUJITH O.S.	Kottayam	33007-NSS GHS PERUNNA	11.15
IV	1311	BINISH.K.SHAJI	Ernakulam	27023-St. George's H S S Kothamangalam	11.24
V	1300	JERIS JOSE	Ernakulam	27021-Mar Basil H S S Kothamangalam	11.35
VI	1479	AJITH K R	Thrissur	22050-St Thomas College H. S. S. Thrissur	11.51
VII	415	SOJAN K SHAJI	Kollam	41102-S.N. Trust H.S.S. Kollam	11.54
VIII	959	LIDIN UDAY L	Kottayam	33027-Govt. Model H.S.S. Kottayam	11.56

Category : **Senior Boys**
 Event : 330 : 200 M
 State Record : 00:22:10 , (Renju Remanan) , 2008
 National Record : 21:03 , (MOHAMMED MUDASIR) , 2003
 Venue : University stadium
 Date : 2010-12-18 05:25:00

Position	Chest No:	Name	District	School	Performance
I	945	JIJIN VIJAYAN	Kottayam	33054-ST.PETERS HSS KURUMPANADAM	21.92 NMR[SR]
II	1311	BINISH.K.SHAJI	Ernakulam	27023-St. George's H S S Kothamangalam	22.8
III	1847	SAJID N.P	Malappuram	19115-Ideal E. H. S. S. Kadakassery	22.55
IV	415	SOJAN K SHAJI	Kollam	41102-S.N. Trust H.S.S. Kollam	22.59
V	959	LIDIN UDAY L	Kottayam	33027-Govt. Model H.S.S. Kottayam	22.73
VI	1300	JERIS JOSE	Ernakulam	27021-Mar Basil H S S Kothamangalam	22.78
VII	1685	MOHAMMED SHERSHAD P.	Palakkad	21093-K. H. S. Kumaramputhur	23.8
VIII	422	HASEEB JALAL	Kollam	41059- Govt. H.S.S. Anchalummoodu	23.9

Category : **Senior Boys**
 Event : 331 : 400 M
 State Record : 00:48:23 , (Bineesh V B) , 2005
 National Record : 47:90 , (BINEESH V.B) , 2006
 Venue : University stadium

MEET RESULT

Date : 2010-12-18 10:15:00

Position	Chest No:	Name	District	School	Performance
I	1313	LUKMAL HAKKIM .K	Ernakulam	27023-St. George's H S S Kothamangalam	48.88
II	932	ALEX SHAJI	Kottayam	31085-St.Thomas H S S Pala	49.38
III	1295	JITHU BABY	Ernakulam	27021-Mar Basil H S S Kothamangalam	49.39
IV	1304	VISHNU V SABU	Ernakulam	27021-Mar Basil H S S Kothamangalam	50.16
V	236	JITHIN GEORGE	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	50.51
VI	1846	ANEES RAHMAN. E	Malappuram	19115-Ideal E. H. S. S. Kadakassery	50.92
VII	962	BASTIN JOSEPH	Kottayam	33027-Govt. Model H.S.S. Kottayam	51.5
VIII	2220	KANNAN. S	Wayanad	15048-G H S S Meenangadi	52.27

Category : **Senior Boys**

Event : 332 : 800 M

State Record : 01:54:60 , (Rajeev V R) , 2003

National Record : 01:52:09 , (UMED SINGH) , 2003

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1500	DEEPUMON JOSEPH	Thrissur	22042-G. H. S. S. PUNUKUNNAM	1:55.67
II	1299	VISHAK KRISHNANKUTTY	Ernakulam	27021-Mar Basil H S S Kothamangalam	1:56.29
III	1320	JIJOMON F	Ernakulam	27023-St. George's H S S Kothamangalam	1:57.75
IV	231	NITHIN CHANDRAN	Thiruvananthapuram	43019-M. V. H. S. Thundathil	1:57.76
V	1849	SHAHUL HAMEED. K.P	Malappuram	19115-Ideal E. H. S. S. Kadakassery	2:2.2
VI	1692	PRASAD V.J.	Palakkad	21093-K. H. S. Kumaramputhur	2:2.11
VII	757	VISHNU.P.S	Alappuzha	34013-Govt DVHSS Charamangalam	2:2.91
VIII	1675	PRADHEESH K C	Palakkad	21077-H. S. Mundur	2:3.99

Category : **Senior Boys**

Event : 333 : 1500 M

State Record : 04:03:90 , (Bineesh Soman) , 2001

National Record : 03:56:01 , (CHAMANDRAM) , 2001

Venue : University stadium

MEET RESULT

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	2219	RAHUL. C.R	Wayanad	15022-S K M J H S S Kalpetta	4:4.85
II	1500	DEEPUMON JOSEPH	Thrissur	22042-G. H. S. S. PUNUKUNNAM	4:5.42
III	2218	RAHIL RAJ . M.R	Wayanad	15022-S K M J H S S Kalpetta	4:6.37
IV	231	NITHIN CHANDRAN	Thiruvananthapuram	43019-M. V. H. S. Thundathil	4:11.18
V	1299	VISHAK KRISHNANKUTTY	Ernakulam	27021-Mar Basil H S S Kothamangalam	4:12.63
VI	958	KURIAKOSE MATHEW	Kottayam	33027-Govt. Model H.S.S. Kottayam	4:13.14
VII	1692	PRASAD V.J.	Palakkad	21093-K. H. S. Kumaramputhur	4:13.85
VIII	1322	TINU JOSEPH	Ernakulam	27023-St. George` s H S S Kothamangalam	4:14.37

Category : **Senior Boys**
 Event : 334 : 5000 M
 State Record : 15:16:10 , (Shaji T N) , 1994
 National Record : 14:51:97 , (BIRSA ORAM) , 2009
 Venue : University stadium
 Date : 2010-12-18 07:45:00

Position	Chest No:	Name	District	School	Performance
I	2218	RAHIL RAJ . M.R	Wayanad	15022-S K M J H S S Kalpetta	15:49.31
II	958	KURIAKOSE MATHEW	Kottayam	33027-Govt. Model H.S.S. Kottayam	15:50.29
III	1322	TINU JOSEPH	Ernakulam	27023-St. George` s H S S Kothamangalam	15:53.38
IV	1841	MUHAMMED RASHEED.K	Malappuram	18097-G H S Aliparamba	16:26.82
V	218	SUBIN.G.S	Thiruvananthapuram	44008-P. K. S. H. S. S. Kanjiramkulam	16:31.55
VI	238	ALBIN SUNNY	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	16:35.60
VII	1671	KISHORE .M	Palakkad	21069-H. S. Parli	16:37.43
VIII	1117	ANOOP PRAKASH	Idukki	30043-STHSS Erattayar	16:53.29

Category : **Senior Boys**
 Event : 335 : 110 MH
 State Record : 00:15:02 , (Hareesh K A) , 2004
 National Record : 00:14:80 , (PINOT MATHEW) , 2009
 Venue : University stadium

MEET RESULT

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	2041	PINTO MATHEW	Kozhikode	17021-Govt Model H. S. S. Kozhikode	14.69 NMR[NR]
II	962	BASTIN JOSEPH	Kottayam	33027-Govt. Model H.S.S. Kottayam	15.55
III	939	PAUL JOSEPH	Kottayam	32058-CKM HSS Koruthodu	15.67
IV	1289	AKIHIL JOHNSON	Ernakulam	25016-Paliyam Govt. H. S. S. Chendamangalam	15.83
V	1846	ANEES RAHMAN. E	Malappuram	19115-Ideal E. H. S. S. Kadakassery	16.32
VI	775	SONY GREECHAN	Alappuzha	35004-Leo XIII H S S Alappuzha	16.33
VII	2014	ABHILASH. K	Kozhikode	17059-G. H. S. S. Medical College Campus	16.41
VIII	1668	ARJUN. H	Palakkad	21057-B. E. M. H. S. S. Palakkad	16.51

Category : **Senior Boys**

Event : 336 : 400 MH

State Record : 00:53:84 , (Vikas Chandran) , 2008

National Record : 52:35 , (VIKAS CHANDRAN) , 2009

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1313	LUKMAL HAKKIM .K	Ernakulam	27023-St. George' s H S S Kothamangalam	53.48 NMR[SR]
II	1304	VISHNU V SABU	Ernakulam	27021-Mar Basil H S S Kothamangalam	53.73
III	1846	ANEES RAHMAN. E	Malappuram	19115-Ideal E. H. S. S. Kadakassery	54.85
IV	962	BASTIN JOSEPH	Kottayam	33027-Govt. Model H.S.S. Kottayam	54.97
V	1683	JOJI VARGHESE	Palakkad	21093-K. H. S. Kumaramputhur	56.70
VI	1310	SOUNDER RAJ	Ernakulam	27023-St. George' s H S S Kothamangalam	56.85
VII	2192	ANILKUMAR K S	Wayanad	15018-G H S S Kakkavayal	1:0.61

Category : **Senior Boys**

Event : 337 : LONG JUMP

State Record : 7 , (Geobin Clement) , 2003

National Record : 7 , (BHARATENDAR SINGH) , 2006

Venue : University stadium

MEET RESULT

Date : 2010-12-18 08:15:00

Position	Chest No:	Name	District	School	Performance
I	1311	BINISH.K.SHAJI	Ernakulam	27023-St. George`s H S S Kothamangalam	7 . 16
II	1287	BRIGHT K. DEVASSYA	Ernakulam	25093-Mar Augustine`s H. S. Thuravoor	7 . 1
III	1497	SARATH SABU	Thrissur	22034-C. M. S. H. S. S. THRISSUR	6 . 96
IV	933	AMAL V KUMAR	Kottayam	31085-St.Thomas H S S Pala	6 . 76
V	412	UNAISE .K.S	Kollam	41096-Mylapur AKM H S S	6 . 66
VI	1312	AMAL GEORGE	Ernakulam	27023-St. George`s H S S Kothamangalam	6 . 52
VII	239	SREERAJ.P.R	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	6 . 51
VIII	945	JIJIN VIJAYAN	Kottayam	33054-ST.PETERS HSS KURUMPANADAM	6 . 36

Category : **Senior Boys**
 Event : 338 : HIGH JUMP
 State Record : 2 , (Arun S Kumar) , 2008
 National Record : 2 , (JITHIN C THOMAS) , 2006
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1306	AKHIL E S	Ernakulam	27021-Mar Basil H S S Kothamangalam	2 . 1
II	1317	AKHIL T.M.	Ernakulam	27023-St. George`s H S S Kothamangalam	2 . 1
III	1681	JITHU JOHNY	Palakkad	21093-K. H. S. Kumaramputhur	2 . 1
IV	1670	MUHAMMED ANEESH .T.A	Palakkad	21069-H. S. Parli	1 . 91
V	1684	EBIN JOY	Palakkad	21093-K. H. S. Kumaramputhur	1 . 91
VI	936	ABHIJITH K V	Kottayam	32011-JJ Murphy Memorial HSS Yendayar	1 . 87
VII	2028	JOSEPH KJ	Kozhikode	47106-ST. JOSEPH HSS KODENCHERY	1 . 77
VIII	943	UNNI RENU	Kottayam	33084-MCVHSS ARPOOKKARA	1 . 77

Category : **Senior Boys**
 Event : 339 : TRIPLE JUMP
 State Record : 14 , (Pranav P) , 2009
 National Record : 15 , (DHARAJ KAMALA SANKAR MISHRA) , 2009
 Venue : University stadium

MEET RESULT

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	772	JIGO JOHNY	Alappuzha	35004-Leo XIII H S S Alappuzha	14 . 74
II	1673	KARTHIK.U	Palakkad	21074-G. V. H. S. S. Pathirippala	14 . 69
III	412	UNAISE .K.S	Kollam	41096-Mylapur AKM H S S	14 . 65
IV	1305	JITHIN THOMAS	Ernakulam	27021-Mar Basil H S S Kothamangalam	14 . 9
V	234	VIVEK PS	Thiruvananthapuram	43019-M. V. H. S. Thundathil	13 . 73
VI	1291	SUCHEENDRAPAL K S	Ernakulam	25104-Govt. H. S. S. Kongorpilly	13 . 71
VII	2042	TONY BABU	Kozhikode	17021-Govt Model H. S. S. Kozhikode	13 . 68
VIII	423	MUHAMMED JAMALUDEEN	Kollam	41029-Govt.H.S.S Mangad	13 . 66

Category : **Senior Boys**
 Event : 340 : POLE VAULT
 State Record : 4 , (Antony Jose) , 2003
 National Record : 4 , (DEVINDRA) , 2008
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1316	LINESH KRISHNAN	Ernakulam	27023-St. George`s H S S Kothamangalam	4 . 0
II	1308	ARUN P S	Ernakulam	27021-Mar Basil H S S Kothamangalam	4 . 0
III	1323	EDWIN DAVID	Ernakulam	27023-St. George`s H S S Kothamangalam	3 . 80
IV	1688	EBIN SUNNY	Palakkad	21093-K. H. S. Kumaramputhur	3 . 60
V	1689	GOGUL E BABU	Palakkad	21093-K. H. S. Kumaramputhur	3 . 50
VI	765	ANU PETER	Alappuzha	35001-S D V B H S S Alappuzha	2 . 85
VII	1663	ABDULLA T	Palakkad	20003-G. H. S. S. Kumaranelur	2 . 85
VII	2584	AJITH K. JOSE	Kasaragod	12045-St. Thomas H. S. S. Thomapuram	2 . 85

Category : **Senior Boys**
 Event : 341 : SHOTPUT (7.26 KG)
 State Record : 13 , (Alfin V P) , 2009
 National Record : 16 , (SURABH VIJ) , 2005
 Venue : University stadium

MEET RESULT

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	2015	RAHUL RATHEESH. E	Kozhikode	17059-G. H. S. S. Medical College Campus	12 . 58
II	1302	ANANDHU P B	Ernakulam	27021-Mar Basil H S S Kothamangalam	11 . 50
III	963	ABILASH S	Kottayam	33027-Govt. Model H.S.S. Kottayam	11 . 10
V	1318	RAHUL S KUMAR	Ernakulam	27023-St. George`s H S S Kothamangalam	10 . 39
VI	1124	NISHANTH T	Idukki	30074-MESHSS Vandanmedu	10 . 18
VII	1505	STEBIN THOMAS	Thrissur	22040-V. B. H. S. S. THRISSUR	10 . 14
VIII	2383	MOHAMMED SAFEER N T	Kannur	13111-WADIHUDA HS PAYANGADI	10 . 13
IV	930	AKASH SOMAN	Kottayam	33057-K.E.H.S.S Mannanam	10 . 86

Category : **Senior Boys**
 Event : 342 : DISCUS THROW 2(KG)
 State Record : 38 , (Muhammed ijas I) , 2009
 National Record : 48 , (PRABHA JYOTH SINGH) , 2009
 Venue : Central Stadium
 Date : 2010-12-18 08:30:00

Position	Chest No:	Name	District	School	Performance
I	1301	MUHAMMED IJAS I	Ernakulam	27021-Mar Basil H S S Kothamangalam	40 . 67 NMR[SR]
II	1302	ANANDHU P B	Ernakulam	27021-Mar Basil H S S Kothamangalam	36 . 95
III	2587	PRIYESH C	Kasaragod	12031-G. H. S. S. Kuttamath	35 . 51
IV	2015	RAHUL RATHEESH. E	Kozhikode	17059-G. H. S. S. Medical College Campus	33 . 31
V	1851	MOHAMMED SAVAD. M.K	Malappuram	19115-Ideal E. H. S. S. Kadakassery	30 . 56
VI	930	AKASH SOMAN	Kottayam	33057-K.E.H.S.S Mannanam	30 . 32
VII	2386	LIJO GEORGE	Kannur	13043-NSS HSS ALAKODE	29 . 40
VIII	940	NITHIN PA	Kottayam	32058-CKM HSS Koruthodu	29 . 4

Category : **Senior Boys**
 Event : 343 : JAVELIN THROW(800 GMS)
 State Record : 62 , (Don John) , 2002
 National Record : 67 , (DINESH KUMAR PATEL) , 2008

MEET RESULT

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1296	JIBIN REJI	Ernakulam	27021-Mar Basil H S S Kothamangalam	55 . 98
II	1303	VISHNU RAJ	Ernakulam	27021-Mar Basil H S S Kothamangalam	49 . 59
III	232	ABHIJITH C	Thiruvananthapuram	43019-M. V. H. S. Thundathil	49 . 55
IV	930	AKASH SOMAN	Kottayam	33057-K.E.H.S.S Mannanam	48 . 77
V	1691	RIYAS P.V.	Palakkad	21093-K. H. S. Kumaramputhur	47 . 58
VI	1517	DHANASYAM.P.J	Thrissur	24064-Govt. Fisheries V. H. S. S Kaipamangalam	46 . 91
VII	1655	RASHEED. S	Palakkad	21039-G. H. S. S. Chittur	46 . 55
VIII	2037	THOMAS	Kozhikode	47018-ST. GEORGE'S HSS KULATHUVAYAL	46 . 38

Category : **Senior Boys**

Event : 344 : HAMMER THROW(7.126 KG)

State Record : 48 , (Sachin James) , 2009

National Record : 59 , (LOKESH YADAV) , 2008

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	2035	SACHIN JAMES	Kozhikode	47018-ST. GEORGE'S HSS KULATHUVAYAL	47 . 56
II	1302	ANANDHU P B	Ernakulam	27021-Mar Basil H S S Kothamangalam	42 . 8
III	1863	MOHAMED ASLAM .V	Malappuram	19031-Navamukunda H. S. S. Thirunavaya	37 . 80
IV	1666	VINEETH.M.S.	Palakkad	20009-G. H. S. S. Chathanur	33 . 48
V	241	VISHNU.B.GUPTHA	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	31 . 92
VI	948	JUSTIN MATHAI	Kottayam	45034-Emmanuel's HSS Kothanalloor	30 . 58
VII	1864	MOHAMED ASHIF .O	Malappuram	19031-Navamukunda H. S. S. Thirunavaya	29 . 36
VIII	776	BINONY V J	Alappuzha	35004-Leo XIII H S S Alappuzha	28 . 88

Category : **Senior Boys**

Event : 345 : 5 KM WALK

State Record : 21:57:00 , (Shihsbhudeen M) , 2007

National Record : 21:40:02 , (GURMEET SINGH) , 2002

MEET RESULT

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1690	EMMANUEL SEBASTIAN	Palakkad	21093-K. H. S. Kumaramputhur	22:13.20
II	1297	JESBIN JOSE	Ernakulam	27021-Mar Basil H S S Kothamangalam	22:31.20
III	1672	SARATHBABU.S	Palakkad	21073-G. H. S. Mankara	23:29.20
IV	1865	ABOBACKER SIDDEEQ.K.S	Malappuram	19031-Navamukunda H. S. S. Thirunavaya	23:33.40
V	1131	VARGHESE JOSEPH	Idukki	29021-S N M High School Vannappuram	23:36.80
VI	1680	SHIBU.R	Palakkad	21085-D. H. S. Nellipuzha	23:48.60
VII	1309	JAGATH P BHASKER	Ernakulam	27021-Mar Basil H S S Kothamangalam	24:30.0
VIII	2208	JIBIN MATHEW	Wayanad	15011-S C H S S Payyampally	24:51.70

Category : **Senior Boys**

Event : 346 : 4 X 100 M RELAY

State Record : 00:43:20 , () , 2001

National Record : 41:08 , (KERALA TEAM) , 2002

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Relay Letter	District	Performance
I	E	Kottayam	42.63 NMR[SR]
II	G	Ernakulam	43.33
III	H	Thrissur	43.69
IV	J	Malappuram	43.88
V	I	Palakkad	44.15
VI	A	Thiruvananthapuram	44.66
VII	D	Alappuzha	44.89
VIII	F	Idukki	45.40

Category : **Senior Boys**

Event : 347 : 4 X 400 M RELAY

State Record : 03:23:70 , () ,

National Record : 03:15:44 , (KERALA TEAM) , 2005

Venue : University stadium

Date : 2010-12-18 14:15:00

Position	Relay Letter	District	Performance
I	G	Ernakulam	3:23.11 NMR[SR]
II	E	Kottayam	3:26.23

MEET RESULT

III	A	Thiruvananthapuram	3:27.10
IV	L	Wayanad	3:32.87
V	F	Idukki	3:36.89
VI	H	Thrissur	3:37.42
VII	N	Kasaragod	3:38.79

Category : **Senior Girls**
 Event : 348 : 100 M
 State Record : 00:12:10 , (Shilpa C) , 2007
 National Record : 00:11:98 , (INDULEKHA E.M) , 2009
 Venue : University stadium
 Date : 2010-12-18 11:25:00

Position	Chest No:	Name	District	School	Performance
I	2417	MANJU K	Kannur	13005-Govt.V.H.S.S.Kannur	12.80
II	1715	LAVANNYA G.	Palakkad	21093-K. H. S. Kumaramputhur	12.81
III	1702	DIVYA A S	Palakkad	21055-P. M. G. H. S. S. Palakkad	13.2
IV	1362	RINTU MATHEW	Ernakulam	27023-St. George`s H S S Kothamangalam	13.5
V	1554	ANJANA THOMAS	Thrissur	22052-S. H. C. G. H. S. S. Thrissur	13.9
VI	1711	SILVI VARGHESE	Palakkad	21093-K. H. S. Kumaramputhur	13.18

Category : **Senior Girls**
 Event : 349 : 200 M
 State Record : 00:25:10 , (Indhulekha E M) , 2008
 National Record : 24:55 , (INDULEKHA E.M) , 2009
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1341	ANILDA THOMAS	Ernakulam	27021-Mar Basil H S S Kothamangalam	25.43
II	2060	NIKHILA JOSEPH	Kozhikode	47028-GGHSS BALUSSERY	25.64
III	1715	LAVANNYA G.	Palakkad	21093-K. H. S. Kumaramputhur	25.72
IV	1702	DIVYA A S	Palakkad	21055-P. M. G. H. S. S. Palakkad	25.97
V	1331	ANU THOMAS	Ernakulam	27023-St. George`s H S S Kothamangalam	26.12
VI	2415	NITHYA PRAKASHAN	Kannur	14004-Govt.Brennen HSS Thalassery	26.47
VII	1554	ANJANA THOMAS	Thrissur	22052-S. H. C. G. H. S. S. Thrissur	26.50

MEET RESULT

Category : **Senior Girls**
 Event : 350 : 400 M
 State Record : 00:56:21 , (Sindhymol C S) , 2008
 National Record : 55:18 , (MANDEEP KAUR) , 2005
 Venue : University stadium
 Date : 2010-12-18 09:15:00

Position	Chest No:	Name	District	School	Performance
I	2059	ANJU VARGHESE	Kozhikode	47028-GGHSS BALUSSERY	56.64
II	1341	ANILDA THOMAS	Ernakulam	27021-Mar Basil H S S Kothamangalam	57.58
III	1352	SHEENA N V	Ernakulam	27021-Mar Basil H S S Kothamangalam	58.33
IV	1355	SINSHA K	Ernakulam	27023-St. George`s H S S Kothamangalam	58.91
V	2418	REVATHY O V	Kannur	13005-Govt.V.H.S.S.Kannur	59.20
VI	2414	JOSINI P J	Kannur	14004-Govt.Brennen HSS Thalassery	59.35
VII	2060	NIKHILA JOSEPH	Kozhikode	47028-GGHSS BALUSSERY	59.54

Category : **Senior Girls**
 Event : 351 : 800 M
 State Record : 02:11:84 , (Chinju Jose) , 2008
 National Record : 02:09:14 , (CHINCHU JOSE) , 2009
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1355	SINSHA K	Ernakulam	27023-St. George`s H S S Kothamangalam	2:14.65
II	2419	AMBLI K S	Kannur	13005-Govt.V.H.S.S.Kannur	2:16.93
III	1718	DINCY DAVIS	Palakkad	21093-K. H. S. Kumaramputhur	2:19.66
IV	1359	CHIPPY T S	Ernakulam	27023-St. George`s H S S Kothamangalam	2:21.55
V	1164	PRIYA T.V	Idukki	29021-S N M High School Vannappuram	2:23.95
VI	1165	PRABITHA T.V	Idukki	29021-S N M High School Vannappuram	2:26.30
VII	266	SABEENA	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	2:26.38
VIII	1344	ANU JAYAPAL	Ernakulam	27021-Mar Basil H S S Kothamangalam	2:28.73

Category : **Senior Girls**
 Event : 352 : 1500 M
 State Record : 04:43:67 , (Bindhu S R) , 2005
 National Record : 04:36:75 , (JIJI MOL JACOB) , 2005

MEET RESULT

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1709	CHITHRA P U	Palakkad	21077-H. S. Mundur	4:41.80 NMR[SR]
II	1355	SINSHA K	Ernakulam	27023-St. George`s H S S Kothamangalam	4:45.27
III	1703	THARA .M.D	Palakkad	21069-H. S. Parli	4:48.57
IV	1708	SOBHA.V.V	Palakkad	21073-G. H. S. Mankara	4:49.79
V	2419	AMBLI K S	Kannur	13005-Govt.V.H.S.S.Kannur	4:53.34
VI	258	BENCY P ROY	Thiruvananthapuram	43019-M. V. H. S. Thundathil	5:2.45
VII	1164	PRIYA T.V	Idukki	29021-S N M High School Vannappuram	5:2.87
VIII	2249	JISA FRANCIS	Wayanad	15008-St. Joseph's H S S Kallody	5:12.73

Category : **Senior Girls**

Event : 353 : 3000 M

State Record : 10:04:20 , (JIJIMOL JACOB) , 2004

National Record : 09:55:62 , (SHAMINA JABBAR) , 2006

Venue : University stadium

Date : 2010-12-18 07:15:00

Position	Chest No:	Name	District	School	Performance
I	1709	CHITHRA P U	Palakkad	21077-H. S. Mundur	9:58.20 NMR[SR]
II	1703	THARA .M.D	Palakkad	21069-H. S. Parli	10:1.70
III	1708	SOBHA.V.V	Palakkad	21073-G. H. S. Mankara	10:47.80
IV	258	BENCY P ROY	Thiruvananthapuram	43019-M. V. H. S. Thundathil	10:53.80
V	1155	TESNA JOSEPH	Idukki	30051-CHS Calvarymount	10:59.10
VI	2420	ANJALI T S	Kannur	13005-Govt.V.H.S.S.Kannur	10:59.50
VII	1342	SIMI JOSEPH	Ernakulam	27021-Mar Basil H S S Kothamangalam	11:3.90
VIII	2249	JISA FRANCIS	Wayanad	15008-St. Joseph's H S S Kallody	11:24.40

Category : **Senior Girls**

Event : 354 : 5000 M

State Record : 17:39:31 , (Thara M D) , 2008

National Record : 17:08:07 , (RADHAMANI DEVI) , 1998

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
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MEET RESULT

I	1709	CHITHRA P U	Palakkad	21077-H. S. Mundur	17:45.15
II	1703	THARA .M.D	Palakkad	21069-H. S. Parli	17:46.38
III	1155	TESNA JOSEPH	Idukki	30051-CHS Calvarymount	18:30.27
IV	1708	SOBHA.V.V	Palakkad	21073-G. H. S. Mankara	18:35.11
V	2420	ANJALI T S	Kannur	13005-Govt.V.H.S.S.Kannur	18:36.95
VI	258	BENCY P ROY	Thiruvananthapuram	43019-M. V. H. S. Thundathil	19:42.95
VII	1342	SIMI JOSEPH	Ernakulam	27021-Mar Basil H S S Kothamangalam	19:49.33
VIII	1546	ROHINI.A.G	Thrissur	23057-A K M H S POYYA	19:58.43

Category : **Senior Girls**
 Event : 355 : 100 MH
 State Record : 00:14:87 , (Darsana M S) , 2008
 National Record : 00:14:56 , (RAJI CT) , 2005
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	440	ADHEENA P G	Kollam	41102-S.N. Trust H.S.S. Kollam	15.26
II	1358	MARIYA JULIET	Ernakulam	27023-St. George's H S S Kothamangalam	15.59
III	1340	TINU RAJU	Ernakulam	27021-Mar Basil H S S Kothamangalam	15.62
IV	1345	SHINJU KURIAN	Ernakulam	27021-Mar Basil H S S Kothamangalam	16.8
V	441	ASWINI K S	Kollam	41102-S.N. Trust H.S.S. Kollam	16.11
VI	2422	SUGINA M	Kannur	13005-Govt.V.H.S.S.Kannur	16.32
VII	1168	AYANA THOMAS	Idukki	29021-S N M High School Vannappuram	16.35
VIII	1889	REESHMA M C	Malappuram	19026-D. G. H. S. S. Tanur	17.3

Category : **Senior Girls**
 Event : 356 : 400 MH
 State Record : 01:01:70 , (Vijila K J) , 2001
 National Record : 00:01:36 , (SANDEEP KAUR) , 2000
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1352	SHEENA N V	Ernakulam	27021-Mar Basil H S S Kothamangalam	1:3.28
II	2414	JOSINI P J	Kannur	14004-Govt.Brennen HSS Thalassery	1:3.90

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III	1165	PRABITHA T.V	Idukki	29021-S N M High School Vannappuram	1:5.12
IV	1350	REMYA P V	Ernakulam	27021-Mar Basil H S S Kothamangalam	1:5.62
V	1701	ASWATHI.G	Palakkad	21022-M. N. K. M. H. S. S. Chittilancheri	1:8.85
VI	1168	AYANA THOMAS	Idukki	29021-S N M High School Vannappuram	1:9.53
VII	1358	MARIYA JULIET	Ernakulam	27023-St. George's H S S Kothamangalam	1:10.58

Category : **Senior Girls**
 Event : 357 : LONG JUMP
 State Record : 5.75 , (Priya P K) , 2004
 National Record : 6.05 , (RUTA PATKAR) , 2001
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1333	ALGA WINNY JAMES	Ernakulam	27004-Asram High. Sec. School Perumbavoor	5 . 72
II	1339	SHILPA CHACKO	Ernakulam	27021-Mar Basil H S S Kothamangalam	5 . 61
III	1362	RINTU MATHEW	Ernakulam	27023-St. George's H S S Kothamangalam	5 . 59
IV	1522	SNEHA RAJ ALAPPAT	Thrissur	22052-S. H. C. G. H. S. S. Thrissur	5 . 28
V	2250	JINCY. N.J	Wayanad	15022-S K M J H S S Kalpetta	5 . 22
VI	440	ADHEENA P G	Kollam	41102-S.N. Trust H.S.S. Kollam	5 . 1
VII	1712	SHILPA M.	Palakkad	21093-K. H. S. Kumaramputhur	4 . 96
VIII	439	PRIYANKA M	Kollam	41102-S.N. Trust H.S.S. Kollam	4 . 90

Category : **Senior Girls**
 Event : 358 : HIGH JUMP
 State Record : 1.7 , (Steny Michael) , 2008
 National Record : 1.68 , (K. ANANDHI) , 2009
 Venue : University stadium
 Date : 2010-12-18 10:00:00

Position	Chest No:	Name	District	School	Performance
I	1357	RINSHA K	Ernakulam	27023-St. George's H S S Kothamangalam	1 . 65
II	2443	ANITTA MATHEW	Kannur	13005-Govt.V.H.S.S.Kannur	1 . 60
III	1343	SRUTHI C	Ernakulam	27021-Mar Basil H S S Kothamangalam	1 . 55

MEET RESULT

III	1353	SRUJINA A	Ernakulam	27021-Mar Basil H S S Kothamangalam	1 . 55
V	1145	ANJALI V MOHANAN	Idukki	29044-S N V H S S N R City	1 . 55
VI	998	SNEHA BALAN	Kottayam	33042-M.T.S.H.S.S. Kottayam	1 . 50
VII	271	SURYA MOL K	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	1 . 50
VIII	1896	RANJUSHA .K.P	Malappuram	19031-Navamukunda H. S. S. Thirunavaya	1 . 45

Category : **Senior Girls**
 Event : 359 : TRIPLE JUMP
 State Record : 12.64 , (Neethu Mathew) , 2006
 National Record : 12.66 , (AMITHA BABY) , 2009
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1339	SHILPA CHACKO	Ernakulam	27021-Mar Basil H S S Kothamangalam	12 . 75 NMR[NR]
II	1362	RINTU MATHEW	Ernakulam	27023-St. George` s H S S Kothamangalam	12 . 45
III	1340	TINU RAJU	Ernakulam	27021-Mar Basil H S S Kothamangalam	11 . 56
IV	1522	SNEHA RAJ ALAPPAT	Thrissur	22052-S. H. C. G. H. S. S. Thrissur	11 . 41
V	2445	AKHILA K	Kannur	13005-Govt.V.H.S.S.Kannur	11 . 17
VI	2054	SHAHANA SALAM K	Kozhikode	47047-St. Sebastian`s HSS Koodaranhi	10 . 75
VII	270	VIDYA BS	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	10 . 75
VIII	439	PRIYANKA M	Kollam	41102-S.N. Trust H.S.S. Kollam	10 . 68

Category : **Senior Girls**
 Event : 360 : POLE VAULT
 State Record : 3.15 , (Anoosha K K) , 2009
 National Record : 3.3 , (CHETHANA SOLANKI) , 2003
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1716	SINJU PRAKASH M.K.	Palakkad	21093-K. H. S. Kumaramputhur	3 . 0
II	1360	MELBY T MANUAL	Ernakulam	27023-St. George` s H S S Kothamangalam	2 . 90
III	1361	EMITHA BABU	Ernakulam	27023-St. George` s H S S Kothamangalam	2 . 90

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IV	978	MITHUNA K	Kottayam	32058-CKM HSS Koruthodu	2 . 80
V	2444	JUBY PAILY	Kannur	13005-Govt.V.H.S.S.Kannur	2 . 60
VI	984	SILPAMOL JOSEPH	Kottayam	32058-CKM HSS Koruthodu	2 . 60
VII	975	ALEENAMOL SUNNY	Kottayam	31087-St.Mary`s Giri`s H S S Pala	2 . 60
VIII	2438	SHIJISHA.A	Kannur	14012-Govt. H S S Palayad	2 . 60

Category : **Senior Girls**
 Event : 361 : SHOTPUT (4KG)
 State Record : 12.21 , (Sarany J) , 2007
 National Record : 13.54 , (MANDEEP KAUR) , 2006
 Venue : Central Stadium
 Date : 2010-12-18 09:15:00

Position	Chest No:	Name	District	School	Performance
I	1338	NEENA ELIZABATH BABY	Ernakulam	27021-Mar Basil H S S Kothamangalam	11 . 92
II	1356	GINCHU JOSE	Ernakulam	27023-St. George`s H S S Kothamangalam	10 . 30
III	1348	MERLIN THOMAS	Ernakulam	27021-Mar Basil H S S Kothamangalam	9 . 99
IV	1722	ASWATHI .P.S	Palakkad	21069-H. S. Parli	9 . 3
V	2065	RAJIBA.K	Kozhikode	16068-GHSS KUTTYADI	8 . 51
VI	982	SONIYA JOHN	Kottayam	32058-CKM HSS Koruthodu	8 . 50
VII	446	KAVYA B DILEEP	Kollam	40044-St. Goretti HSS Punalur	8 . 37
VIII	993	DONA SEBASTIAN	Kottayam	45054-St.Annes HSS Kurianad	8 . 11

Category : **Senior Girls**
 Event : 362 : DISCUS THROW 1(KG)
 State Record : 40.23 , (Anitha Abraham) , 2005
 National Record : 43.78 , (HARWANTH KAUR) , 1995
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1338	NEENA ELIZABATH BABY	Ernakulam	27021-Mar Basil H S S Kothamangalam	40 . 72 NMR[SR]
II	452	REEMA NATH	Kollam	41102-S.N. Trust H.S.S. Kollam	32 . 11
III	1356	GINCHU JOSE	Ernakulam	27023-St. George`s H S S Kothamangalam	31 . 8
IV	1725	ANU.C.H	Palakkad	21073-G. H. S. Mankara	29 . 93
V	1722	ASWATHI .P.S	Palakkad	21069-H. S. Parli	28 . 97

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VI	993	DONA SEBASTIAN	Kottayam	45054-St.Annes HSS Kurianad	26 . 58
VII	1346	CLODIYA K JOHN	Ernakulam	27021-Mar Basil H S S Kothamangalam	25 . 34
VIII	279	VIDYA UV	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	24 . 73

Category : **Senior Girls**
 Event : 363 : JAVELIN THROW(600 GMS)
 State Record : 41.1 , (Prajisha M K) , 2005
 National Record : 45.33 , (DUMA DEVI) , 2001
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1352	SHEENA N V	Ernakulam	27021-Mar Basil H S S Kothamangalam	42 . 45 NMR[SR]
II	271	SURYA MOL K	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	33 . 96
III	2442	PRIYA C C	Kannur	13005-Govt.V.H.S.S.Kannur	33 . 27
IV	2079	ANJU JOSEPH	Kozhikode	47018-ST. GEORGE'S HSS KULATHUVAYAL	29 . 63
V	279	VIDYA UV	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	29 . 21
VI	2431	CHINCHU KURIAKOSE	Kannur	13043-NSS HSS ALAKODE	28 . 15
VII	1361	EMITHA BABU	Ernakulam	27023-St. George`s H S S Kothamangalam	26 . 62
VIII	972	CHIPPY RAJ	Kottayam	33014-ST.JOSEPHS GHS CHANGANACHERRY	26 . 42

Category : **Senior Girls**
 Event : 364 : HAMMER THROW(4 KG)
 State Record : 42 , (ANITHA ABRAHAM) , 2005
 National Record : 50.83 , (KANIKA KRI) , 2008
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1338	NEENA ELIZABATH BABY	Ernakulam	27021-Mar Basil H S S Kothamangalam	42 . 56 NMR[SR]
II	1347	BHAGYALAKSHMI K B	Ernakulam	27021-Mar Basil H S S Kothamangalam	38 . 78
III	1356	GINCHU JOSE	Ernakulam	27023-St. George`s H S S Kothamangalam	33 . 52
IV	280	ARCHANASHAJI	Thiruvananthapuram	43053-G. V. Raja Sports School Mylam	28 . 84
V	1724	THUSHARA .P.T	Palakkad	21069-H. S. Parli	27 . 84
VI	988	ARATHY UNNIKRISHNAN	Kottayam	33054-ST.PETERS HSS KURUMPANADAM	25 . 8

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VII	1894	SEENA .T.N	Malappuram	19031-Navamukunda H. S. S. Thirunavaya	25 . 4
VIII	2063	SREEREKHA	Kozhikode	16047-GGHSS KOYILANDY	23 . 96

Category : **Senior Girls**
 Event : 365 : 5 KM WALK
 State Record : 24:28.30 , (Meeshma K M) , 2009
 National Record : 24:07:72 , (MEESHMA . K.M) , 2009
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1726	MEESHMA.K.M	Palakkad	21073-G. H. S. Mankara	24:19.60 NMR[SR]
II	1904	NIHA. V	Malappuram	18190-J.S.R.H.S.S. Manjeri	26:48.50
III	1727	SUKANYA V V	Palakkad	21077-H. S. Mundur	26:57.50
IV	1171	ATHIRA P. ASHOKAN	Idukki	29021-S N M High School Vannappuram	27:24.90
V	1147	FEMI GEORGE	Idukki	29044-S N V H S S N R City	27:44.20
VI	2236	NEETHU SEBASTIAN	Wayanad	15009-G H S S Kartikulam	28:38.0
VII	1723	ARCHANA .V.A	Palakkad	21069-H. S. Parli	28:45.30
VIII	2069	PRABISHA. B	Kozhikode	16056-Maniyur Panchayth HSS	29:19.20

Category : **Senior Girls**
 Event : 366 : 4 X 100 M RELAY
 State Record : 00:48:68 , () , 2008
 National Record : 00:48:05 , (KERALA TEAM) , 2005
 Venue : University stadium
 Date : 2010-12-18 05:30:00

Position	Relay Letter	District	Performance
I	I	Palakkad	48.84
II	F	Idukki	50.70
III	M	Kannur	50.94
IV	G	Ernakulam	51.90
V	A	Thiruvananthapuram	52.3
VI	E	Kottayam	52.98
VII	J	Malappuram	53.2
VIII	D	Alappuzha	53.41

Category : **Senior Girls**
 Event : 367 : 4 X 400 M RELAY
 State Record : 03:56:42 , () , 2005

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National Record : 03:46:05 , (KERALA TEAM) , 2009

Venue : University stadium

Date : 2010-12-18 14:00:00

Position	Relay Letter	District	Performance
I	G	Ernakulam	3:58.75
II	M	Kannur	3:59.4
II	F	Idukki	4:4.60
IV	I	Palakkad	4:9.39
V	A	Thiruvananthapuram	4:12.70
VI	E	Kottayam	4:22.38
VII	L	Wayanad	4:28.39

Category : **Senior Boys**

Event : 370 : CROSS COUNTRY

State Record :

National Record :

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1117	ANOOP PRAKASH	Idukki	30043-STHSS Erattayar	15:29.20
II	1962	AMAL THOMAS	Kozhikode	47085-St. Joseph's HS Pulloorampara	15:32.20
III	958	KURIAKOSE MATHEW	Kottayam	33027-Govt. Model H.S.S. Kottayam	15:49.30
IV	2222	MIDHUN R S	Wayanad	15009-G H S S Kartikulam	15:51.80
V	1671	KISHORE .M	Palakkad	21069-H. S. Parli	15:59.20
VI	1695	NANDAKUMAR.K	Palakkad	20039-H. S. S. Sreekrishnapuram	16:1.80
VII	2191	SREEKANTH.P.S	Wayanad	15032-G H S S Padinjathara	16:25.10
VIII	1696	ANOOP S	Palakkad	21077-H. S. Mundur	16:40.20

Category : **Senior Girls**

Event : 371 : CROSS COUNTRY

State Record :

National Record :

Venue : University stadium

Date : 2010-12-18 05:30:00

Position	Chest No:	Name	District	School	Performance
I	1703	THARA .M.D	Palakkad	21069-H. S. Parli	9:31.40
II	1643	VIDHYA K K	Palakkad	21077-H. S. Mundur	9:40.10
III	1709	CHITHRA P U	Palakkad	21077-H. S. Mundur	9:48.20

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IV	2441	ANUSHA RAJ	Kannur	13005-Govt.V.H.S.S.Kannur	10:30.60
V	2421	ALPHONSA VARGHESE	Kannur	13005-Govt.V.H.S.S.Kannur	10:39.40
VI	2447	SEENA BABU	Kannur	13005-Govt.V.H.S.S.Kannur	11:1.20
VII	1072	ATHIRA SASI	Idukki	30043-STHSS Erattayar	11:8.90
VIII	1342	SIMI JOSEPH	Ernakulam	27021-Mar Basil H S S Kothamangalam	11:9.42